



Strategies to Slow the Spread of COVID-19 in Minnesota

To protect public health and slow the rate of transmission of COVID-19, the Minnesota Department of Health recommends implementing the following mitigation strategies.

MDH Recommends Postponing or Canceling Certain Events

These events include:

- Large events of 250 or more people should be postponed or canceled
 - This includes but is not limited to concerts, conferences, and professional, college, and school performances or sporting events
- Smaller events that are held in venues that do not allow social distancing of 6 feet per person
 - This includes gatherings in crowded auditoriums, rooms or other venues
- Events where the majority of participants are at higher risk for severe illness from COVID-19 should be limited to no more than 10 people
 - This includes gatherings at retirement facilities, assisted living facilities, developmental homes, and health support groups

MDH Recommends Immediately Implementing Mitigation Strategies

Individuals and Families at Home	<ul style="list-style-type: none"> • Monitor local information about COVID-19 in your community • Practice personal protective measures, including keeping social distance of at least 6 feet and washing hands frequently • Put household preparation plan in action • Individuals at higher risk for severe illness should avoid large gatherings, avoid travel, and stay home as much as possible
Schools and Childcare Centers	<ul style="list-style-type: none"> • Cancel or postpone all large events and gatherings of more than 250 people • Limit school-to-school events • Provide alternative learning environments for high-risk children • Sick students and staff should stay home until symptom-free for at least one day

	<ul style="list-style-type: none"> • Incorporate extra handwashing into the daily routine and reinforce proper cover-your-cough procedures • Cancel interstate and international travel
<p>Assisted Living Facilities, Senior Living Facilities, and Adult Day Programs</p>	<ul style="list-style-type: none"> • Implement social distancing measures • Reduce large gatherings • Alter schedules to reduce mixing, such as staggering meals and other activities • Have residents stay in facility • Limit visitors and programs with external staff • Screen attendees, staff, and visitors for temperature and respiratory symptoms • If cases occur among staff or residents, consider short-term closures for cleaning and contact tracing
<p>Workplaces</p>	<ul style="list-style-type: none"> • Encourage staff to telework when feasible • Implement social distancing measures if not teleworking, including requiring at least 6 feet between workers, staggering work schedules, and limiting in-person meetings or gatherings • Limit non-emergency work travel • Consider temperature and respiratory symptom screening of staff and visitors entering buildings • Require workers who are ill to stay home • Provide accommodation for individuals at higher risk for severe illness, such as teleworking or separate office
<p>Community and Faith-Based Organizations</p>	<ul style="list-style-type: none"> • Follow general guidance for group gatherings • Consider offering video or audio of events • Determine ways to continue providing support services to individuals at increased risk of severe disease